Congregation Shaarei Tefillah

קהילת שערי תפילה

A warm home for Tefillah and Torah

Parshas Yisro

January 30 – February 6, 1970

23rd of Sh'vat, 5730 – 30th of Sh'vat, 5730

CANDLE LIGHTING	SOF ZMAN KRIAS SHEMA	SHABBOS ENDS	RABBEINU TAM
4:56 PM	9:03 AM / 9:39 AM	6:05 PM	6:28 PM

Erev Shabbos

Friday, Jan 30

Candle Lighting	4:56 PM
Mincha & Kabbalas Shabbos	4:59 PM

Shabbos

Shabbos, Jan 31

Shacharis	8:45 AM
Mincha	4:40 PM
Shalosh Seudos	in Shul following mincha
Maariv	6:05 PM

Thursday

Sun, Feb 1 – Thu, Feb 5

Maariv	8:45 PM

This Week

Fri, Feb 6 — Rosh Chodesh Adar I

Announcements

Welcome to our new website

Davening times, announcements and the weekly schedule are now online.

Sign up below to receive the schedule by email.

Shaareitefillahnj.org

Pre-Chanukah Women's Event with Morah Faigy Sauber · Tue, Dec 1

N'shei Shaarei Tefillah presents a Pre-Chanukah Women's Event: a round table discussion with

Morah Faigy Sauber,

"Appreciating Everything in Our Lives." **Tuesday night, December 1, 2026 at 8:00 PM,**

at the home of Esty Schwimmer,

346 North 5th Avenue, Highland Park, NJ.

Shalosh Seudos in Shul · Following Mincha

Shalosh Seudos in Shul this week

Sponsored by

Mr. And Mrs. Moshe Dyckman

Shabbos Morning Chabura

Please join us for a Chabura on Hilchos Shabbos followed by Kiddush

This week given by

Rabbi Yaakov Khaver

Kiddush This Week

Please join us for Kiddush this Shabbos following davening

Sponsored by

Mr and Mrs. Eli Sklar

Oraysa Learning Seder

We are pleased to announce

Every **Thursday night**: a weekly **Oraysa** Shiur given by

R' Yaakov Khaver

We will be learning מסכת קידושין

Maariv 8:45

9:00pm

Clocks go back this Motzei Shabbos!

Remember to set your clocks back 1 hour Motzei Shabbos.

The change is Sunday, Nov 1, at 2:00 AM.

Zmanim This Week

	Fri 30	Shab 31	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6
Alos HaShachar	5:46 AM	5:45 AM	5:44 AM	5:43 AM	5:42 AM	5:41 AM	5:40 AM	5:39 AM
Netz	7:09 AM	7:08 AM	7:07 AM	7:06 AM	7:05 AM	7:04 AM	7:03 AM	7:02 AM
Sof Zman Krias Shema (MGA)	9:04 AM	9:03 AM	9:03 AM	9:02 AM	9:02 AM	9:01 AM	9:01 AM	9:00 AM
Sof Zman Krias Shema (GRA)	9:40 AM	9:39 AM	9:39 AM	9:38 AM	9:38 AM	9:37 AM	9:37 AM	9:36 AM
Sof Zman Tefillah (GRA)	10:30 AM	10:30 AM	10:30 AM	10:29 AM	10:29 AM	10:29 AM	10:28 AM	10:28 AM
Mincha Gedolah	12:37 PM	12:37 PM	12:38 PM	12:38 PM	12:38 PM	12:38 PM	12:38 PM	12:39 PM
Plag HaMincha	4:12 PM	4:13 PM	4:14 PM	4:15 PM	4:16 PM	4:17 PM	4:18 PM	4:19 PM
Shkiah	5:14 PM	5:15 PM	5:16 PM	5:18 PM	5:19 PM	5:20 PM	5:21 PM	5:22 PM
Tzeis HaKochavim	5:57 PM	5:59 PM	6:00 PM	6:01 PM	6:02 PM	6:03 PM	6:04 PM	6:05 PM
Rabbeinu Tam	6:27 PM	6:28 PM	6:29 PM	6:30 PM	6:32 PM	6:33 PM	6:34 PM	6:35 PM

Zmanim for Highland Park, NJ. Tzeis at 8.5°. Rabbeinu Tam 72 minutes after shkiah. Candle lighting 18 minutes before shkiah.